



Your innovation experts in  
natural health products



*REFRESH YOUR KNOWLEDGE*

# TRAININGS BY A&R

In a world where regulations are constantly evolving, you need to stay ahead. If you find yourself not understanding the latest regulatory changes or you need help navigating the complex requirements, our training sessions are the perfect solution.

## Core seminars on the following topics:

### **Regulatory Demarcation**

Understand the boundaries between food/food supplements/FSMPs, drugs, and substance-based medical devices. Gain insights into the principal regulations, laws, and market access processes.

### **Health Claim Strategies**

Explore the various claim options and learn what it takes to secure a proprietary EFSA health claim.

### **Medical Device Certification**

Discover the basic requirements for the certification of substance-based medical devices and set the foundation for compliance.

### **Novel Food (NF)**

Learn what qualifies as novel and master the process of running a successful NF application.

### **Clinical Trial for EFSA Claims**

Get equipped with the knowledge to set up clinical trials aimed at substantiating EFSA Health Claims.

### **Microbiome**

Understand the basics of the microbiome and how your product may benefit from research. Leverage the latest science to enhance your product development.

### **Data Intelligence**

How to valorize your health data to drive your product development and accelerate your innovation.

## Customized training options:

In addition to our core seminars, we offer customized training solutions tailored to meet the specific needs of your company. Our experts will work closely with you to develop the training session that addresses your unique challenges and requirements.

**Empower your business with our  
regulatory excellence and  
scientific expertise!**



**DR. HEIKE STIER**  
Head of Consulting &  
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